



jewish women's circle

-Ingredients Card-

Striped Sesame Teriyaki Salmon

1 large salmon fillet (36 oz.)
 2 Tbsp teriyaki sauce
 1/4 cup soy sauce
 1/2 cup dijon mustard
 1/2 cup honey
 1 lemon, juiced (1/4 cup lemon juice)
 5 cloves garlic, minced
 black sesame seeds
 white sesame seeds

Sushi Tray

1 cup raw sushi rice
 2 cups water
 rice vinegar
 2 Persian cucumber sliced thin in strips
 2 carrots sliced thin in strips
 1 pkg. lox
 1 avocado sliced in thin strips
 sesame seeds
 sweet sauce
 spicy mayo sauce

Tahini Date Salad

6 oz. spinach
 1 persian cucumber
 8 oz. grape tomatoes
 1/4 red onion
 1 sweet potato
 1 16 oz. can chick peas
 Olive oil, salt, black pepper, garlic powder & paprika
 1 cup cooked quinoa
 sunflower seeds
 5 fresh dates
 2 cups boiling water
 2 cloves garlic, minced
 1 tsp. Dijon mustard
 2 Tbsp. tahini
 2 Tbsp. apple cider vinegar
 1 Tbsp. olive oil
 1 tsp. salt

Pesto Caesar Salad

2 romaine hearts
 1 lb. cherry tomatoes
 1/2 red onion
 1/3 cup mayonnaise
 1/3 cup olive oil
 1/2 tsp. soy sauce
 1 tsp. Dijon mustard
 3 tsp. fresh basil
 3 cloves garlic, minced

Home Made Croutons

2 challah rolls cut into cubes
 Olive oil
 Salt, black pepper, garlic powder, paprika & oregano



Asparagus Salad

1 bunch asparagus
2 large portabella mushrooms (10 baby bellas)
1 red pepper
1 orange pepper
1 yellow pepper
1/3 cup olive oil
1/4 cup vinegar
5 cloves garlic, minced

Tahini Pomegranate Eggplant

2 eggplants
1/3 cup tahini
pomegranate arils
olive oil
salt
black pepper

Sundried Tomato Dip

1 jar sundried tomatoes in oil
3 tsp. basil
2 cloves garlic, minced
1 Tbsp. mayonnaise

ENJOY!!!